Sql query in Zend 2

$db = $this->getServiceLocator()->get('Zend\Db\Adapter\Adapter');

$sql = new Sql($db);

$select = $sql->select()

->from(array('tp'=>'training\_program'))

->join(array('tt' => 'training\_type'), 'tt.training\_type\_id = tp.training\_type\_id')

->join(array('im' => 'item\_master'), 'tp.item\_id = im.item\_id')

->where(array('im.is\_active'=>1))

->where(array('tp.is\_active'=>1))

->where(array('tp.company\_id'=>$compid))

->where(array('tp.training\_program\_id'=>$trainingProgId));

$statement = $sql->prepareStatementForSqlObject($select);

$results = $statement->execute();